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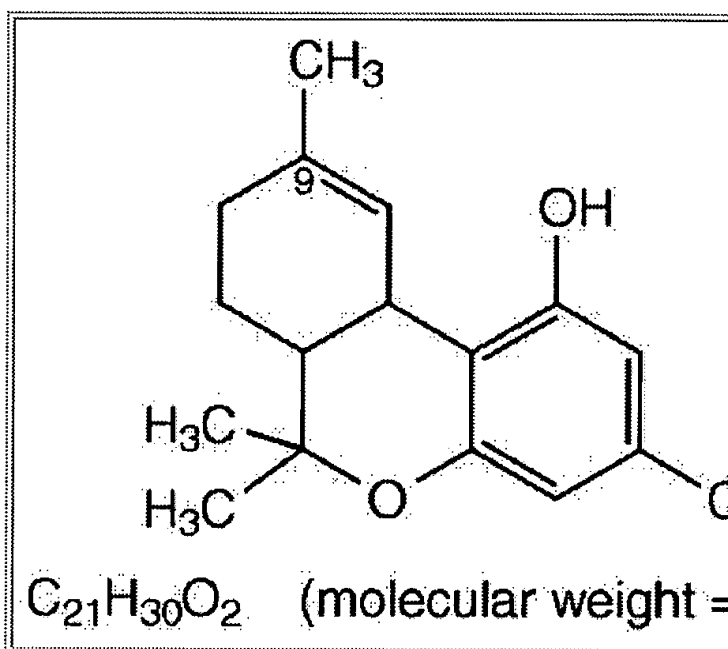
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|---|
| Document Outline |
| • Description |
| • Chemical Structure |
| • Clinical Pharmacology |
| • Clinical Studies |
| • Dosage and Administration |
| • Indications and Usage |
| • Contraindications |
| • Warnings |
| • Precautions |
| • Adverse Reactions |
| • Drug Abuse and Dependence |
| • Overdosage |
| • Dosage and Administration (2) |
| • How Supplied |
| • Product Photo |

PDR® entry for

**MARINOL® (Unimed)
(dronabinol) Capsules
Rx only.**

Dronabinol is a cannabinoid designated chemically as (6a *R*-*tr*)-6a,7,8,10a-tetrahydro-6,6,9-trimethyl-3-pentyl- 6*H*-dibenz[D]pyran-3-ol. Dronabinol has the following empirical and structural formulas:



Dronabinol, the active ingredient in Marinol, is synthetic delta-9-(delta-9-THC). Delta-9-tetrahydrocannabinol is also a natural constituent of *Cannabis sativa* L. (Marijuana).

Dronabinol is a light yellow resinous oil that is sticky at room temperature and solidifies upon refrigeration. Dronabinol is insoluble in water and is formulated as capsules. It has a pK_a of 10.6 and an octanol-water partition coefficient: 6

Capsules for oral administration: Marinol is supplied as round, containing either 2.5 mg, 5 mg, or 10 mg dronabinol. Each capsule is formulated with the following inactive ingredients: FD&C Blue No. 40 (5 mg), FD&C Yellow No. 6 (5 mg and 10 mg), gelatin, methylparaben, propylparaben, sesame oil, and titanium dioxide.

[\(back to top\)](#)

CLINICAL PHARMACOLOGY

Dronabinol is an orally active cannabinoid which, like other cannabinoids, has effects on the central nervous system (CNS), including central nervous system activity. Cannabinoid receptors have been discovered in neurons and may play a role in mediating the effects of dronabinol and other cannabinoids.

Pharmacodynamics: Dronabinol-induced sympathomimetic tachycardia and/or conjunctival injection. Its effects on blood pressure, but occasional subjects have experienced orthostatic hypotension on abrupt standing.

Dronabinol also demonstrates reversible effects on appetite, mood, and perception. These phenomena appear to be dose-related, with higher dosages, and subject to great interpatient variability.

After oral administration, dronabinol has an onset of action of 1 to 2 hours and peak effect at 2 to 4 hours. Duration of action for pain is 6 to 8 hours, but the appetite stimulant effect of dronabinol may last longer after administration.

Tachyphylaxis and tolerance develop to some of the pharmacologic effects of dronabinol and other cannabinoids with chronic use, suggesting a central nervous system mechanism. In a study of the pharmacodynamics of chronic exposure, healthy male volunteers (N=12) received 210 mg/d of dronabinol administered orally in divided doses, for 16 days. An initial tachycardia and decrease in supine blood pressure, made worse by standing, were observed initially. These volunteers developed tolerance to the cardiovascular adverse CNS effects of dronabinol within 12 days of treatment.

Tachyphylaxis and tolerance do not, however, appear to develop to the appetite stimulant effect of Marinol. In studies involving patients with Human Immunodeficiency Syndrome (AIDS), the appetite stimulant effect of dronabinol was sustained for up to five months in clinical trials, at dosages ranging from 10 to 20 mg/day.

Pharmacokinetics:

Absorption and Distribution: Marinol (dronabinol) is almost completely absorbed (80 to 95%) after single oral doses. Due to the combined effects of first-pass metabolism and high lipid solubility, only 10 to 20% of the administered dose reaches the systemic circulation. Dronabinol has a large apparent volume of distribution, approximately 10 L/kg, because of its lipid solubility. The plasma concentration of dronabinol and its metabolites is approximately 97%.

The elimination phase of dronabinol can be described using a two-compartment model with an initial (alpha) half-life of about 4 hours and a terminal half-life of 36 hours. Because of its large volume of distribution, dronabinol may be excreted at low levels for prolonged periods of time.

Metabolism: Dronabinol undergoes extensive first-pass hepatic metabolism by microsomal hydroxylation, yielding both active and inactive metabolites. Its principal active metabolite, 11-OH-delta-9-THC, is present in equal concentrations in plasma. Concentrations of both parent drug and metabolite peak at approximately 2 to 4 hours after oral dosing and decline thereafter. Values for clearance average about 0.2 L/kg-hr, but are highly variable.

complexity of cannabinoid distribution.

Elimination: Dronabinol and its biotransformation products are excreted in feces and urine. Biliary excretion is the major route of elimination with radiolabeled oral dose being recovered from the feces within 7 days with 10 to 15% recovered from urine. Less than 5% of an oral dose is unchanged in the feces.

Following single dose administration, low levels of dronabinol were detected for more than 5 weeks in the urine and feces.

In a study of Marinol involving AIDS patients, urinary cannabinoid concentration ratios were studied bi-weekly over a six week period. The cannabinoid/creatinine ratio was closely correlated with dose. A steady-state cannabinoid/creatinine ratio was observed after the first two weeks indicating that steady-state cannabinoid levels had been reached. This was consistent with predictions based on the observed terminal half-life.

Special Populations: The pharmacokinetic profile of Marinol has been studied in either pediatric or geriatric patients.

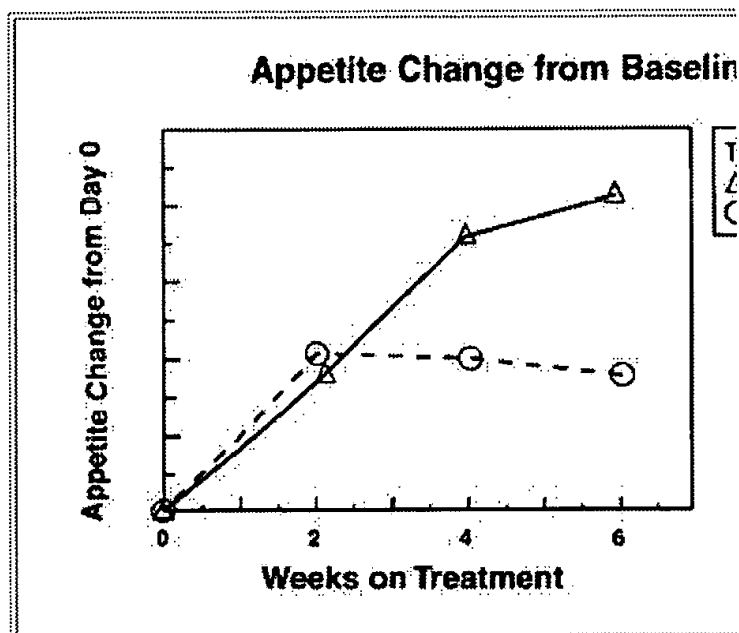
([back to top](#))

CLINICAL TRIALS

Appetite Stimulation: The appetite stimulant effect of Marinol in the treatment of AIDS-related anorexia associated with weight loss was studied in a randomized, double-blind, placebo-controlled study involving 72 patients. The dosage of Marinol in all patients was 5 mg/day, administered twice daily, one hour before lunch and one hour before supper. In pilot studies, administration of Marinol appeared to have been associated with a decrease in the frequency of adverse experiences, as compared to dosing later in the day. Marinol on appetite, weight, mood, and nausea was measured during the six-week treatment period. Side effects (feeling high, dizziness, and somnolence) occurred in 13 of 72 patients (18%) at this dosage. When the dosage was reduced to 2.5 mg/day, administered as a single dose at bedtime, side effects were reduced.

As compared to placebo, Marinol treatment resulted in a statistically significant improvement in appetite as measured by visual analog scale (VAS) toward improved body weight and mood, and decreases in nausea.

After completing the 6-week study, patients were allowed to continue with Marinol in an open-label study, in which there was a sustained improvement in appetite.



Antiemetic: Marinol (dronabinol) treatment of chemotherapy evaluated in 454 patients with cancer, who received a total of various malignancies. The antiemetic efficacy of Marinol was receiving cytotoxic therapy with MOPP for Hodgkin's and non-Hodgkin's lymphoma. Marinol dosages ranged from 2.5 mg/day to 40 mg/day, administered in divided doses every four to six hours (four times daily). As indicated in the table, escalating the Marinol dose above 7 mg/m² increased the number of vomiting experiences, with no additional antiemetic benefit.

| Marinol Dose: Response Frequency and Adverse Events (N = 750 treatment courses) | | | | | |
|--|------------------------|---------|------|--------------------|---------------|
| Marinol Dose | Response Frequency (%) | | | Adverse Events (%) | |
| | Complete | Partial | Poor | None | Non-dysphoric |
| <7 mg/m ² | 36 | 32 | 32 | 23 | |
| >7 mg/m ² | 33 | 31 | 36 | 13 | |

*Nondysphoric events consisted of drowsiness, tachycardia, and hypertension.

Combination antiemetic therapy with Marinol and a phenothiazine may result in synergistic or additive antiemetic effects and associated with each of the agents.

[\(back to top\)](#)

INDIVIDUALIZATION OF DOSAGES

The pharmacologic effects of Marinol (dronabinol) are dose-related, but there is considerable interpatient variability. Therefore, dosage individualization is necessary to achieve the maximum benefit of Marinol treatment.

Appetite Stimulation: In the clinical trials, the majority of patients achieved a significant increase in appetite with 5 mg/day Marinol, although the dosages ranged from 2.5 mg/day to 40 mg/day in adult patients.

1. Begin with 2.5 mg before lunch and 2.5 mg before supper. If CNS symptoms (feeling high, dizziness, confusion, etc.) usually resolve in 1 to 3 days with continued dosage.
2. If CNS symptoms are severe or persistent, reduce the dose at supper. If symptoms continue to be a problem, taking the drug in the evening or at bedtime may reduce their severity.
3. When adverse effects are absent or minimal and further increase is desired, increase the dose to 2.5 mg before lunch and 5 mg before supper. Although most patients respond to 2.5 mg twice daily, this dosage has been tolerated in about half of the patients in clinical studies.

The pharmacologic effects of Marinol are reversible upon treatment discontinuation.

Antiemetic: Most patients respond to 5 mg three or four times daily. The dose may be escalated during a chemotherapy cycle or at subsequent cycles if needed. Therapy should be initiated at the lowest recommended dose and increased as needed for clinical response. Administration of Marinol with phenothiazine or prochlorperazine, has resulted in improved efficacy as compared to administration without additional toxicity.

Pediatrics: Marinol is not recommended for AIDS-related anorexia or patients because it has not been studied in this population. The treatment of chemotherapy-induced emesis is the same as in adults. The dose recommended in prescribing Marinol for children because of their weight.

Geriatrics: Caution is advised in prescribing Marinol in elderly patients who are generally more sensitive to the psychoactive effects of drugs. No difference in tolerance or efficacy was apparent in patients aged 65 and older.

[*\(back to top\)*](#)

INDICATIONS AND USAGE

Marinol (dronabinol) is indicated for the treatment of:

1. anorexia associated with weight loss in patients with AIDS
2. nausea and vomiting associated with cancer chemotherapy in patients who have failed to respond adequately to conventional antiemetic therapy.

[*\(back to top\)*](#)

CONTRAINDICATIONS

Marinol (dronabinol) is contraindicated in any patient who has hypersensitivity to any cannabinoid or sesame oil.

[*\(back to top\)*](#)

WARNINGS

Patients receiving treatment with Marinol should be specifically warned not to operate machinery, or engage in any hazardous activity until they are able to tolerate the drug and to perform such tasks safely.

[*\(back to top\)*](#)